

The Goddess Tara Retreat

The story of the Goddess YOU ARE
with channel, Judy Humphreys and
the Goddess Tara

to be held at the place of Tara...
Mana Retreat Centre, Coromandel
Saturday 22 - Tuesday 25 April (Anzac Day)

This retreat for women only will be held at Mana Retreat Centre,
Coromandel, in the beautiful Tara sanctuary high on the hill
overlooking the sea.

A long time ago when the Earth had hardly begun it was decided by the Elders to bring an energy to Earth that would be seeded in the feminine creative aspect of humanity. All the women of the Earth carry this creative template for a new pattern of creation. These codes of light have long lain dormant. During this retreat Judy Humphreys will bring through the energies of the Goddess Tara to activate and release the codes of light within you so that together with the Earth mother herself you may contribute your sacred feminine energies to her new creation and through so doing, literally recreate yourself.

The word Tara means star and the Goddess Tara is "she who brings forward life, the great compassionate mother, the embodiment of wisdom and the great protectress". The Goddess Tara is probably the oldest Goddess known to man. She originated as a Hindu Goddess, the Mother Creator, representing the eternal life force that fuels all life. Tara has many embodiments, but her best known are as White Tara and Green Tara, supreme Goddess figures of the Buddhist pantheon. White Tara gently protects and brings long life and peace, while the more dynamic Green Tara overcomes obstacles and aids in healing. In Buddhist tradition the Goddess Tara is a female Buddha or enlightened one, who has attained the highest wisdom, capability and compassion.

During this retreat we will be working with the four elements of creation; water, fire, earth and air and directly with the Goddess Tara to release the codes of light. We will tell the story of the Goddess and of your own Goddess lineage.

Retreat Fee: Total - \$495 includes three nights accommodation at Mana and all meals
\$100 deposit required on booking.

Registration: For ALL registrations telephone Mana Retreat Centre, 07 866 8972
Email: be@manaretreat.com

Duration of retreat: Midday Sat 22 April until 3 pm Tuesday 25 April.
Friday or Tuesday night accommodation at Mana is available on request for an additional charge.



Judy Humphreys has been trained by the Ascended Masters and the Spiritual Hierarchy to verbally and energetically transmit the sound and light codes to prepare individuals on all levels of mind, body and spirit for soul ascension. Her work is a catalyst for soul evolution and spiritual and personal empowerment.

She first connected with the Goddess Tara on a trip to Nepal in 2003 where she meditated with the monks in the Swayambhunath Stupa, the 'Monkey Temple' in Kathmandu.

Judy holds Diplomas in Physiotherapy and Natural Healing Sciences (Auric Healing) and was for 15 years a marketing and public relations consultant. Her grounded, corporate, 'real world' experience gives her the ability to make spiritual empowerment understood and readily accessible to all.